
Recommended Reading List

- A New Earth – Awakening to Your Life's Purpose*, Eckhart Tolle (Penguin 2005)
- Awaken The Giant Within*, Anthony Robbins (Simon & Schuster 1991)
- Bag of Jewels*, Susan Hayward (In-Tune Books 1988)
- Buddhism for Busy People – Finding Happiness in an Uncertain World*, David Michie (Allen & Unwin 2004)
- Change Your Thoughts – Change Your Life*, Dr Wayne W. Dyer (Hay House 2007)
- Co-Active Coaching*, Laura Whitworth, Henry Kimsey-House and Phil Sandahl (Davies-Black 1998)
- Coach Yourself*, Anthony M. Grant and Jane Greene (Pearson 2001)
- Coaching for Improved Work Performance*, Ferdinand F. Fournies (McGraw-Hill 2000)
- Coaching for Performance*, John Whitmore (Nicholas Breley Publishing 1992)
- Emotional Intelligence*, Daniel Goleman (Bloomsbury 1996)
- Evidence-Based Coaching*, eds. Michael Kavanagh, Anthony M. Grant and Travis Kemp (Australian Academic Press 2005)
- Executive Coaching*, David Stratford (Information Australia 2001)
- Executive Coaching*, Peter Stephenson (Prentice Hall 2000)
- Executive Coaching with Backbone and Heart*, Mary Beth O'Neill (Jossey-Bass 2000)
- Fierce Conversations*, Susan Scott (Piatkus 2002)
- First Things First*, Stephen R. Covey, A. Roger Merrill and Rebecca R. Merrill (Simon & Schuster 1994)
- How to Master the Art of Selling*, Tom Hopkins (Grafton 1980)
- If Life is a Game, These are the Rules*, Cherie Carter-Scott (Hodder & Stoughton 1998)
- Influence – The Psychology of Persuasion*, Robert B. Cialidini Ph.D. (The Business Library 1983)
- Long Walk to Freedom*, Nelson Mandela (Abacus 1994)
- Maverick*, Ricardo Semler (Warner 1993)
- Pocket Positives*, Maggie Pinkney and Barbara Whiter (The Five Mile Press 1997)
- Sales Coaching*, Linda Richardson (McGraw-Hill 1996)
- Self-Directed Behaviour*, David L. Watson and Roland G. Tharp (Wadsworth 2002)
- Sophie's World*, Jostein Gaarder
- Stillness Speaks*, Eckhart Tolle (Hodder 2003)
- The Power of Now*, Eckhart Tolle (Hodder 1999)
- The Alchemist – A Fable about Following Your Dream*, Paulo Coelho (Harper Collins 1993)
- The Art of Happiness – A Handbook for Living*, H.H. Dalai Lama (Hodder 1998)
- The Boss – A Novel*, Andrew O'Keefe (Great Bosses Pty Ltd 2006)
- The Celestine Prophecy*, James Redfield (Bantam 1993)
- The Coaching at Work Toolkit*, Perry Zeus & Suzanne Skiffington (McGraw Hill 2002)
- The Complete Guide to Coaching at Work*, Perry Zeus & Suzanne Skiffington (McGraw Hill 2001)
- The New Leaders*, Daniel Goleman (Time Warner 2003)
- The One Minute Manager Meets the Monkey*, Ken Blanchard (Harper Collins 1990)
- The Skilled Helper*, Gerard Egan (Brooks/Cole 2002)
- The Tenth Insight*, James Redfield (Bantam 1996)
- Zapp! The Lightning of Empowerment*, William C. Byham, Ph.D. (DDI Publications 1988)
- Malcolm Cohan (In-Tune Books 1988)